

# Limitless (the original CTC) Summer Program #27!

*Believe I am Limitless...and I will Be!*

Leveraging Diversity for Success in the 21st Century



**7 Weeks!**  
9:00- 3:30 M-F  
Denville and Parsippany





# Limitless Year-Round (Ages 2-30)

- **New Saturday Morning Social Thinking Group** Ages 6-10
- Coming Soon-**5Cs Social Club** Ages 6-10, 11-15, and 16-21 (After School)
- **Digital Arts** Ages 14-28
- **Adult Groups** Ages 18-28
  - Young Adult Social Skills
  - Autism Social Club
- **Social Club Nerd Group** Ages 12-28
- **Growth of the Mind** Ages 15-28
  - Critical Thinking
  - Executive Functioning
- **Autism Social Club Special Events**
  - Game and Pizza Night, Bowling, Sleepovers, outings, and More!
- **Home Programs**
- **Developmental Services**
  - FT Sessions and Assessments
- **Parent and Family Services**
- **Mini Camps** during School Breaks



# Post 21 Day Program

**9:00am-3:00pm**  
**Monday - Friday**  
**DDD Approved!**





# How to Register...

Please visit our website for  
registration materials!

[www.LimitlessASD.com](http://www.LimitlessASD.com)

[www.monicaosgood.com](http://www.monicaosgood.com)

Email [mosgood@limitlessasd.com](mailto:mosgood@limitlessasd.com)



1998 Camper



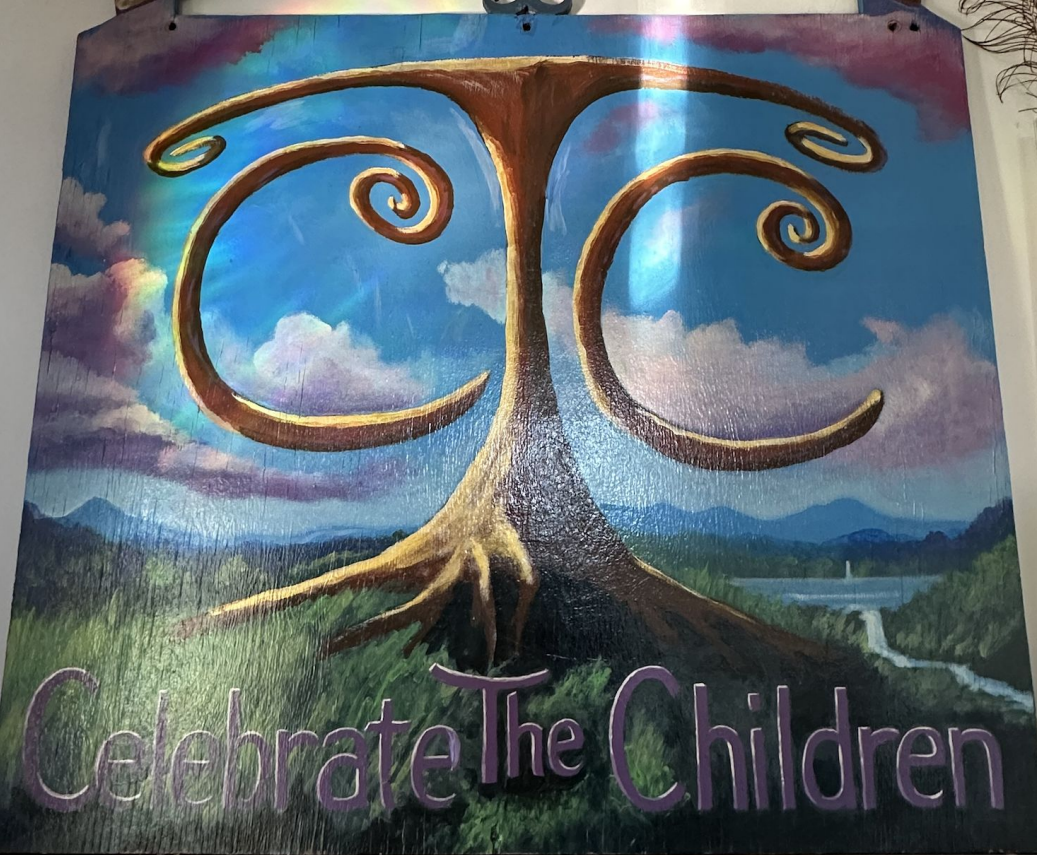
2023 Employee

## 2023 Superstars! Year 26!



*Happiness is being me...*

Center for Children with  
Alternative Learning Styles





# Staff





# Intensive Training and Supervision - SAFETY!



# Our Goal is to Foster:

**Feelings of Safety and Security**

Feelings of Success and Competency

**Meaningful Experiences that Promote Social, Emotional, Physical, and  
Cognitive Development**

Powerful and Functional Communication

**Strong Relationships**



# Who is the program for?

The program is designed to benefit children who have difficulty relating, communicating, and thinking;

Ages 3- 21



# What is the program?

Limitless offers an individualized, intensive developmental program using the DIR®/Floortime model, an interdisciplinary, relationship-based approach focusing on improving the areas of social skills, sensory integration, emotional regulation, problem solving, abstract/critical/logical thinking, visual-spatial activities, motor planning and sequencing, independence and more!

The program also includes all-day peer modeling, self-esteem and relationship development, maintenance of academic skills, \*outdoor water play, arts and crafts, music and dancing, special events, and more!

# Program Philosophy

Children with sensory, learning, and communication difficulties often possess social deficits. These deficits may be due to a lack of connectedness to others and/or challenges in areas such as; abstract thinking, problem solving, motor planning, and visual-spatial abilities. Often, weaknesses in these areas can result in low confidence or independence and inappropriate behavior in social situations. Typically, those affected do not pick up on social behavior by mere observation of others. Instead, they require skills that need to be developed in an environment where they feel motivated and comfortable enough to interact.

We believe in celebrating the child for who they are rather than trying to make them someone else. We attempt to let each child know we respect them for their interests, encouraging them to feel comfortable with us.

# Program Philosophy

Once the child has made a connection with those around them, specific social skills are carefully laid in. Although demands on the child may be increased, respect for their world will never be put second to those demands. Continual enthusiasm for their interests builds a trusting relationship that allows for maximum learning.

At Limitless we believe that children with disabilities are children first. Therefore, our summer program focuses on having the silly, carefree kind of fun every child should enjoy. It is our experience that this type of environment, saturated with typical peers as models, promotes the best socialization and independence in all children.



Register from 1 to 7 Weeks!		Full Day	1:1 Aide	Half Day	1:1 Aide	After-care
		9:00-3:30		9:00-12:00		3:30-5:00
Week 1	July 1st - July 3rd	1,170	525	540	262.5	120
Week 2	July 8th - July 12th	1,950	875	900	437.5	200
Week 3	July 15th - July 19th	1,950	875	900	437.5	200
Week 4	July 22nd - July 26th	1,950	875	900	437.5	200
Week 5	July 29th - Aug 2nd	1,950	875	900	437.5	200
Week 6	Aug 5th - Aug 9th	1,950	875	900	437.5	200
Week 7	Aug 12th - Aug 16th	1,950	875	900	437.5	200

*Limitless Summer Program*  
**NOW 7 Weeks! Full Days!**  
 Full Day 9:00-3:30  
 ½ Day 9:00-12:00  
 Aftercare 3:30-5:00  
**Tuition 50% Less than most  
 ESY Programs!**

- **School District Pay**
- **Scholarships**

12:00-1:00 and 3:30 - 4:30 OT, PT, Speech, Tutoring, DIR-5C's Therapy, Parent Coaching \$75/Hour

# Camp Dates to Remember



April 14th	June 1st	July 1st	July 10th	Aug 9th
2023 Summer Program registration due.	Health forms and medication administration due.  Extended Hours registration due.	Payment due for Summer Program and Extended Hours.	First day of the 2023 Summer Program.	Last day of the 2023 Summer Program.



# What does the program offer?

**Limitless Summer Program has implemented 6 learning goals for student success:**

**Goal 1** - Develop ability to integrate sensory input to achieve both school and life success.

**Goal 2** - Use engagement, communication skills, and social awareness to establish and maintain positive relationships.

**Goal 3** - Increase ability to communicate effectively.

**Goal 4** - Develop ability to use problem solving and critical thinking skills in school and social settings.

**Goal 5** - Develop ability to make connections between ideas to support regulation.

**Goal 6** - Develop ability to support ideas, think in gray areas, and use reasoning.

# What does the program offer?

## Our 6 core skills include:

1. Regulation
2. Engagement
3. Communication
4. Problem solving
5. Symbolic thinking
6. Connected thinking

These skills focus on the students abilities to enter into a shared world, maintain engagement, be active participants, and reflect on their experiences as well as the world around them.

Encouraging growth in these areas will improve the students' abilities to participate and engage in academic and social settings, develop real life techniques to reduce maladaptive behaviors, and reach their potential.

## Social-Emotional Stages of Development

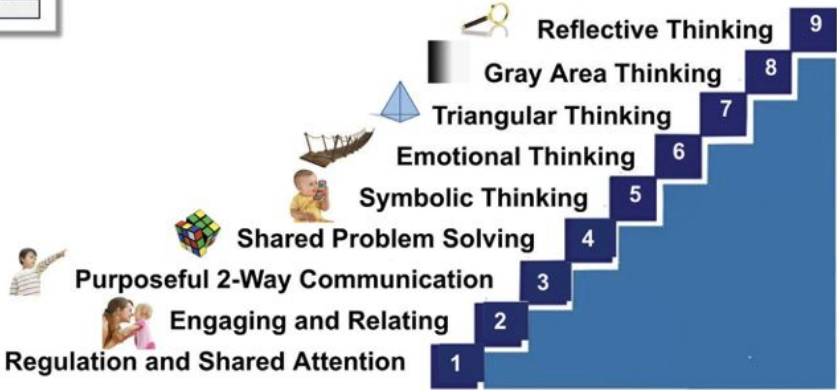
(S. Greenspan and S. Wieder)



# DIR and the 5Cs!



## Functional Emotional Developmental Levels



# The 5Cs

While DIR® is the intervention model used at Celebrate the Children, the strategies of the **5Cs** allow instructional staff to tailor the environment, interactions, and experiences in a way that fosters each student's feelings of Comfort, Competency, Confidence, Control, and Communication. These relationship-based foundations support development through the DIR® Functional, Emotional, Developmental Levels (FEDL's), **significantly reduce behaviors, and maximize the student's availability to, and participation in academic instruction.**

# The 5Cs

- Peers
- Academics
- Communication
- Independence
- Fun!!!

Every child deserves to have the most dynamic summer experience possible and that is what we have provided for decades!



# Inclusion Opportunities

In our summer program, peer models join our classrooms and work alongside our students. Having peer models helps to provide students with new experiences as well as additional opportunities for play, socialization, modeling, and language development.



# Related Service Groups



# Social/Emotional Learning Curriculum

All scheduled activities at Limitless are planned to be:

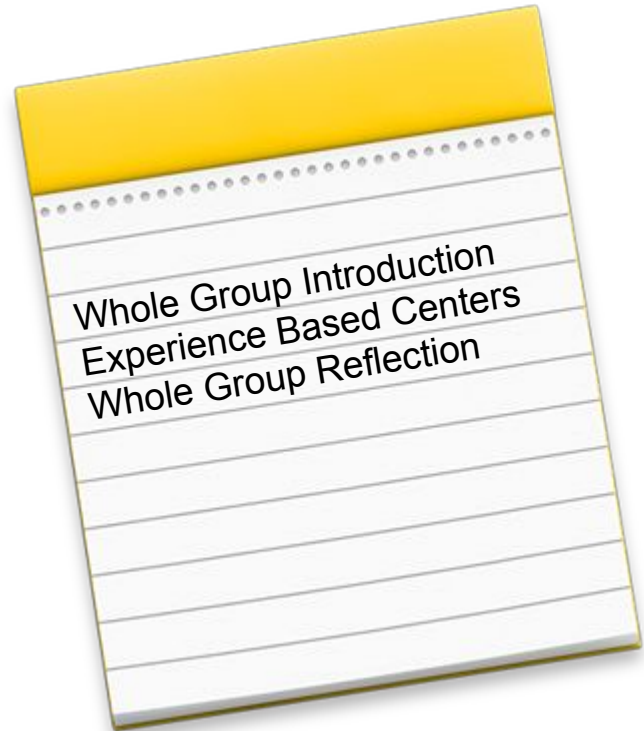
- **FUN**
- Social
- **Meaningful**
- Motivating
- **Experienced**
- Multi-Sensory
- **Stimulating/Respectfully Challenging**
- At the student's Level
- **Delivered under the DIR®/5C's Umbrella**





# Common Themes within Lessons

- Social-Emotional
- Peer connections
- Social stories
- Social skills
- Visualize and Verbalize
- Life Skills
- Communication
- Academic concepts
- Physical Movement
- Floortime Principles



# Robust Schedule

- DIR/FT
- 5Cs - “I’m in Charge Games
- Communication All Day Long
- Social Skills
- Leisure Skills
- Creativity
- Outside
- Thinking/Comprehension
- Academics

What does a day at camp look like?



# Summary of Activities

**Morning Arrival/ Afternoon Dismissal:** Transitional periods in the day where executive functioning skills are strengthened through the use of visual aides and personal checklists that are utilized to help guide each child's thinking and the organization of their self and personal belongings. Independence and language are encouraged and focused on as much as possible during these times in addition to the rest of the day.

**Great Minds:** During this class period students will participate in STEM activities designed to encourage hands on learning, creativity, problem solving, critical thinking, teamwork, open ended exploration, etc.. Project based learning and tabletop activities will be planned around weekly themes and emphasis will be placed on student independence.

**Life Skills:** Weekly goals are developed for each class and worked on during these sessions and throughout the week. Areas of focus include; independence, responsibility, communication, peer interactions, and executive functioning skills. Student's will be encouraged to practice unpacking and packing own belongings, preparing own lunch, changing for water play, cleaning, organizing, helping others, etc.

# Summary of Activities

**Morning Exercise:** A consistent routine kept the same throughout the duration of the program that includes exercise and regulation games that are planned to help students maintain a calm and organized state of mind upon their arrival. Activities are designed to include motor movements to music and structure to help set a regulated tone for the day.

**Morning Group-** An intricate part of the day that provides the opportunity for students to process and understand the day planned ahead of them. Students will engage in a [sensory theme daily](#), review and copy the daily schedule, establish jobs, share and acknowledge passions, focus on the theme of the week, and get ready to have fun all while working on communication skills, self and peer awareness, self-esteem and expression, emotions, and peer interactions.

**Music and Movement:** In this group, students will have the opportunity to learn about the artistic process of musical literacy including the foundations of creating, performing, and responding. Learners will be encouraged to think outside the box and express themselves through hands-on experience-based lessons that tie in general knowledge, shared rhythm and timing, movement and motor experiences, and personal expression and evaluation.

# Summary of Activities

**Mindfulness:** 1 Minute of mindfulness will be integrated into the program to occur at least 3 times a day before activities begin. Exercises such as; sitting in silence, breathing, focusing on glitter jars, etc. will be encouraged in to reduce stress, increase self-regulation, promote creativity, and encourage relaxation. Engaging in mindful activities will in turn teach children self-coping strategies and greater self-awareness.

**Outside/ Inside/ Recreational Activities-** Outdoor and Indoor activities are designed to promote movement, creative thinking, peer interactions, sensorimotor and visual spatial skills, problem solving, etc.. Through the use of water play, sports, group games, physical activity, and play, children learn how to navigate social interactions in the moment as well as how to be active participants in group settings. Activities are co-operative and staff focus on targeting individual DIR goals while building student competencies and self-esteem.

**Related Service Groups-** Interdisciplinary teams consisting of a Speech Therapist, Occupational Therapist, and Physical Therapist are integrated into the classroom setting two-three days a week to elaborate on weekly themes and skills. Therapists target individual student goals and general goals related to each discipline.

# Summary of Activities

**Snack and Lunch Times-** An opportunity for students to be independent, responsible, and engage with their peers. Weekly jobs are assigned consisting of passing out; drinks, plates, napkins, snacks, etc. and cleaning up when finished.

**Social Skills Group:** In the class period, educators follow social thinking curriculums to develop students' self-awareness through the use of social-emotional activities, role-play scenarios, and fun work. Two days a week, students will learn to navigate social scenarios and their own actions, thoughts, and behaviors. These structured groups are experience-based and focus on social communication, literacy themes, problem-solving, self-regulation, and peer interactions.

**Symphony of the 5 Senses:** During this class period, students will build upon their phonemic awareness skills and learn to process various sensory stimuli in their environment by participating in the Nancibell® Visualize and Verbalize program for cognitive development, comprehension, and thinking. Students will be exposed to multi-sensory experiences while building their symbol imagery skills which will further support their comprehension for both written and oral language. Additional skills including interpreting social situations and memory, following directions, and grasping humor will also be incorporated into lessons not only to support students' academic foundations but also to advance their social and emotional development.

# Summary of Activities

**“Cre-art-ivity”**: Students will have the opportunity to be creative and express themselves through painting, coloring, drawing, sculpting, making crafts, and developing props for “Talent Show performances”. The goal of this class period is to focus on emotional regulation, fine motor skills, bilateral coordination, and building self-esteem which will in turn set strong academic foundations. Independence is encouraged and music will be played to create a fun, regulating, environment.

**DIR-5Cs**: Scheduled time during the day where counselors work with students and peers on developmental goals in the areas of; regulation, engagement, intentionality, problem-solving, symbolic thinking, abstract thinking, and reasoning. Additionally staff will focus on the 5Cs, motor-planning and sequencing, visual-spatial skills, communication, and peer interactions within each level of the DIR Framework.

**Fantastic Friday**: Special guest performances, assemblies, and events will be scheduled to conclude the week and tie together weekly themes. Students are encouraged to be active participants and come together in unison to maintain a positive program atmosphere.

# Summary of Activities

**Visual Spatial Activities-** Activities infused into all activities that are designed to incorporate visual thinking, ocular motor skills, hand thinking, discriminative thinking, auditory thinking, and full body awareness.

**Wonder of Exploration-** These sessions are lead by the weekly theme and made interactive. It is the science of summer created to entice students to make discoveries about the world around them by exercising their imagination. Through hands on learning experiments the goal is to challenge students to plan, sequence, and execute their ideas by encouraging them to actively explore, manipulate materials, and make meaningful connections.

**Act A Part!:** During this class period students will prepare a performance to be conducted at the end of the summer program. The performance will be based off of a novel, song or play that has been read and practiced during this scheduled time. Skills such as; symbolic thinking/roleplay, comprehension, social thinking, motor planning, reading, comprehension, cooperation, writing, collaboration, visual spatial etc.. will be emphasized.



# Annual Color Run!



# Live Performances!



# Dress- Up Days!



# Special Guests!



# Awesome Activities!



# Cool Hangout Rooms!



# Exciting Events!



# Exciting Events!





# Exciting Events!



# What is the Extended Hours Program?

**3:30-5:00**

- Individual DIR Floortime Sessions (1 hour)
- Academic Tutoring Sessions (1 hour)
- After Care (Regulation, Outdoor Games, Rest and Relaxation, Specials, Snack, Follow their lead, Movie Day)



# Thank You!

We hope that your child will be part of our 26th annual summer program.

We anticipate a summer experience never to be forgotten!

