

Believe I am Limitless...and I will Be!

SCHOLARSHIPS AVAILABLE - SIBLINGS COME FOR FREE
See Schedule with Afternoon and August Options Below

Undecided on Your Child's Summer Program?

Schedule a Free Session with

Founder Monica Osgood at the Limitless Therapy Center for an Initial Skills Assessment and to Learn More About Our Intervention Program!

Contact mosgood@LimitlessASD.com to Schedule

Schedule

7 Weeks: 9:00 - 3:30 . Aftercare: 3:30-5:00

July 1-August 16

Come 1 - 7 Weeks . ½ or Full Days

St. Christopher's Church
101 Littleton Road, Parsippany

Dear Caregivers,

We know your child's summer program is important. Limitless has provided the summer program for Celebrate the Children® (CTC), many non-CTC students, and international students for almost three decades! This year, the program is limited to 50 students to ensure an intensive, individualized program for every student. Here are a few facts to consider when choosing your child's summer program:

 As a parent, you have a choice for your child's summer program. No school should insist that their students attend their school's ESY. Many

- students benefit from an intensive summer program that provides new and motivating experiences with typical peer models.
- Districts prefer our significantly lower tuition rate than most private school
 ESYs and have been experienced with billing Limitless for 27 years!
- We are happy to talk to districts and help you obtain funding for our summer program.
- Intake sessions at our Limitless Therapy Center in Denville are available at no charge for parents who want more insight into the goals that will be targeted for their child during the summer.
- Senior-Expert DIR® Faculty and Founder of the Celebrate the Children®
 School will supervise all classrooms
- Your child's staff are veterans who have worked for our year-round and summer programs for decades
- Our campus is beautiful, tranquil, and safe!

What do you get with our program?

- Small intensive classroom environment
- Developmental, Individual Difference, Relationship-based (DIR®) and the
 5C's® assessment and intervention
 - Each student will have unique developmental, social, emotional, and communication goals targeted and rated daily
 - Focus on improving the areas of:
 - sensory integration
 - motor planning
 - relating, communicating, and emotional regulation
 - problem-solving
 - abstract, critical, and logical thinking
 - Development of feelings of COMFORT, COMPETENCE,
 CONFIDENCE, CONTROL, and SELF ESTEEM
- Each student will receive an end-of-program report, including recommendations for further development
- All-day peer modeling/Facilitated play/Relationship development
- Outdoor water play
- Arts and crafts, music, and dancing
- Friday special events
- And all your basic summer program activities....
- 18-21 year old students will join our Limitless Post 21 Program on many exciting field trips. See the <u>LimitlessASD FB</u> to explore trips.

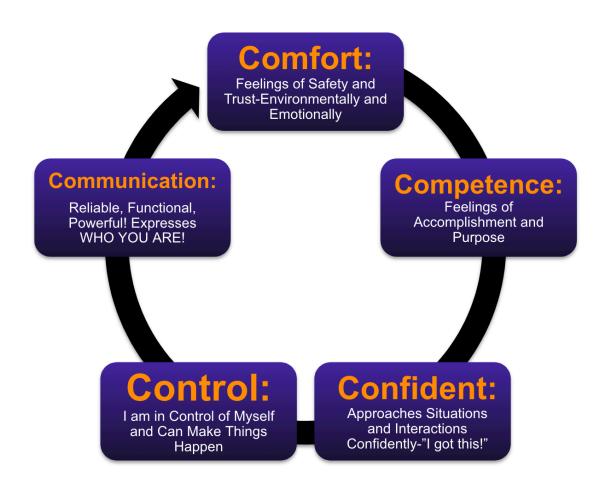


All Camp Activities will Intensively Focus on Each Child's Individual Development
Goals and Strengthening Feelings of

COMFORT, COMPETENCE, CONFIDENCE, CONTROL, and SELF ESTEEM

OT, PT, and Speech Professionals Co-Teach Activities Throughout the Week

The 5 C's of Me!



Pre-K Elementary

	ı	T TO IX EIGH		,		1
9-9:15 Arrival	 Target Areas: Co-regulation; Motor Planning and Sequencing; Independence; Feelings of Comfort, Competence, and Confidence Staff meet and engage the students through respectful interactions Students are supported in putting their belongings in their cubby, working towards independence Morning Jobs-Animal Care Students choose a fine motor tabletop or gross motor floor activity until all students arrive Peer interactions and communication are intensively encouraged throughout this period 					
9:15-9:35 Circle Time	 Target Areas: Intentionality; Competence; Confidence; Communication; Self-awareness; Peer Awareness and Engagement; Cognitive Concepts; Time; Story Comprehension; and Language/Communication Goals of the Week Circle time is a multisensory, fun morning gathering using students' passions to increase engagement. We use a "Sensory Day" experience that associates a different visual, song, smell, taste, and texture for each day of the week. We do this in conjunction with the schedule of the day to help students connect the different days of the week with the sensory experience. Students are introduced to nursery rhymes and stories emphasizing comprehension, pre-academic skills, and language development. These are the foundations for the language goals for the week. Students learn about themselves and their peers while being encouraged to be intentional and share their ideas with their peers. 					
9:35-9:50 Activities Tailored to Age and Develop- mental Capacities	"I'm in Charge" Games - Activities that build feelings of Control	Regulation/ Music/Shared Timing - Music-based activities that foster rhythmic back-and-forth engagement and Communication	"I'm in Charge" Games - Activities that build feelings of Control		Regulation/ Music/Shared Timing - Music-based activities that foster rhythmic back-and-forth engagement and Communication	Visual-spatial Development - Coordinated movement, Visual thinking, Perception
9:50-10:05 Snack and Self-Care	Target Areas: Independence; Daily Living Skills; Competence; Confidence; Communication; Helping Others; Peer Interactions • Students are supported to independently get out their snacks, clean up, and use the bathroom. • Sharing snacks (when appropriate) and helping their peers (e.g., passing out napkins, helping a friend open a juice box, etc.) build feelings of Competence and Confidence.					nd use the bathroom. out napkins, helping a
10:05-10:45 Outdoor & Water Play	Target Areas: FUN; Motor Planning; Exploring Nature and New Experiences; Peer Interactions; Communication; Play Skills; and Creativity • Students enjoy outdoor activities while staff target individual DIR and 5Cs goals • Activities include: • Water slides, wading pools, and sprinklers • Sandbox and water tables • Bubble stations • Playhouses • Pod swings • Outdoor toys and games • Outdoor animal play/care			CorCarColTaleWa	ecial Events Incerts Incerts Inival/Petting Zoo OR Run Incert Show/Dance Part Icky Water and Foam Intert Day Movie Day	
10:45-11:30	Students and staf	f engage in				

Social- Emotional Develop- ment	motivating play while individual goals are intensively targeted: Individual DIR and 5Cs Goals Social Skills Shared Problem-Solving Creative and Symbolic Play Expanding Ideas in Play Peer Play and Collaboration Flexibility Visual-spatial and Motor Development Communication			
11:30-12:00 Lunch and ½ Day Students Pack Up	 Target Areas: Independence; Daily Living Skills; Competence; Confidence; Communication; Helping Others; Peer Interactions Students are supported to independently get out their lunches, clean up, and use the bathroom. Helping their peers (e.g., passing out napkins, helping a friend open a juice box, etc.) build feelings of Competence and Confidence. During lunch ½ day, students reflect on their day, identify highlights to share with their caregivers, and are introduced to what to expect the next day. ½ day students are supported to pack up independently to go home. 			
12:00-12:30 Rest and Relaxation	Target Areas: Relaxation and Self Regulation Students learn skills to relax and self-regulate using breathing techniques, imagery, and yoga			
12:30-1:15 Pre- Academics and/or Language Programs	 Target Areas: Cognitive Concepts; Comprehension; Pre-reading; Reading; Writing; Math; Time; Science; and Language/Communication Based on student needs and parent requests, students will work on skills at their developmental level that prepare them for success at school and build feelings of Competence and Confidence! Structured language programs target each child's communication needs 			
1:15-1:45 Outdoor Games/ Sports	Target Areas: Engagement; Intentionality; Shared Problem Solving; Using Ideas; Motor Planning and Sequencing; Coordination; Visual-spatial Capacities; Peer Interactions; Competence, Confidence, Control, and Communication; • Students learn typical games like Hide-n-Seek, Duck, Duck, Goose, Red Light, Green Light, etc. • Simple sports are introduced, such as soccer, t-ball, basketball, running • Outdoor animal play/care			
1:45-2:15 Emotions/ Art/Music/ Creativity	Target Areas: Understanding Emotions; Expression of Ideas and Emotions through Art and Music; Creativity; and Confidence • Students are immersed in creative opportunities that allow them to explore their feelings and creative expression			
2:15-2:40 Rest, Snack, Self-Care, Free Play	Target Areas: Self-regulation; Independence; Daily Living Skills; Communication; Helping Others; Peer Interactions; Play Skills • After a fun day at camp, students are supported to meet their own needs, including taking a break if needed, a snack, bathroom, and time for free play • Afternoon Jobs-Animal Care			
2:40-3:30 End-of-day Group and Pack-up	Intentionality; Confidence; Communication; Self-awareness; Peer Awareness and Engagement; Recall; and Language Goals of the Week • Students gather for an end-of-day circle time to reflect on their day, identify highlights to share with their caregivers, and are introduced to what to expect the next day. • Students are supported in packing up independently to go home.			

9-9:15 Arrival	Target Areas: Self-Regulation; Independence; Feelings of Competence and Confidence • Staff meet and engage the students through respectful interactions • Students are supervised going to their classrooms • Students are encouraged to put their belongings in their lockers independently • Until all students arrive, students choose: • Morning Jobs-Animal Care • Exercise • Yoga • Journaling • Helping Others • Leisure Activities • Peer interactions and communication are intensively encouraged throughout this period				
9:15-9:45 Morning Meeting	 Target Areas: Engagement; Intentionality; Confidence; Communication; Self-awareness; Peer Awareness; Cognitive Concepts; Time; Current Events/Pop Culture; and Social/Language/Communication Goals of the Week Morning Meeting is a multisensory, intellectually stimulating morning gathering using students' interests to increase engagement. We use a "Sensory Day" experience tailored to the student's developmental level that associates a different visual, song, smell, taste, and texture for each day of the week. We do this in conjunction with the schedule of the day to help students connect the different days of the week with the sensory experience. Students are introduced to current events, pop culture, and stories, emphasizing comprehension and connections to their own interests and lives. These are the foundations for the social and language goals for the week. Students learn about themselves and their peers while being encouraged to be intentional, share their emotions and ideas with their peers, and appreciate the ideas and feelings of others. 				
9:45-10:05 Activities Tailored to Age and Develop- mental Capacities	"I'm in Charge" Games - Activities that build feelings of Control	Regulation/ Music/Shared Timing - Music-based activities that foster rhythmic back-and-forth engagement and Communication	"I'm in Charge" Games - Activities that build feelings of Control	Regulation/ Music/Shared Timing - Music-based activities that foster rhythmic back-and-forth engagement and Communication	Visual-spatial Development - Coordinated movement, Visual thinking, Perception
10:05-10:20 Snack and Self-Care	 Target Areas: Independence; Daily Living Skills; Competence; Confidence; Communication; Helping Others; Peer Interactions Students are expected to be as independent as possible. Sharing snacks (when appropriate) and helping their peers (e.g., passing out napkins, helping a friend open their lunchbox, etc.) build feelings of Competence and Confidence. 				
10:20-11:00 Social- Emotional Develop- ment	Students and staff engage in motivating activities while individual goals are intensively targeted: Individual DIR and 5Cs Goals Social Skills Shared Problem-Solving Creative and Symbolic Play Expanding Ideas in Play Abstract Thinking and Reasoning Peer Interactions and Collaboration Flexibility, accepting, and building off of other's ideas Visual-spatial and Motor Development Communication			Friday Special Events	
11:00-11:45	Target Areas: FU	N; Motor Plann	ing and		

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Outdoor Activities	Sports; Exploring Nature and New Experiences; Peer Interactions; Communication; Social Skills; and Creativity • Students enjoy outdoor activities while staff target individual DIR and 5Cs goals • Activities include: • Water slides, wading pools, and sprinklers • Water art and bubble stations • Pod swings • Outdoor toys and games • Sports equipment • Archery and fishing • Outdoor animal play/care			
11:45-12:15 Lunch and ½ Day Students Pack Up	 Target Areas: Independence; Daily Living Skills; Competence; Confidence; Communication; Helping Others; Peer Interactions Students are expected to be as independent as possible. Sharing snacks (when appropriate) and helping their peers (e.g., passing out napkins, helping a friend open their lunchbox, etc.) build feelings of Competence and Confidence. During lunch ½ day, students reflect on their day, identify highlights to share with their caregivers, and are introduced to what to expect the next day. ½ day students are supported to pack up independently to go home. 			
12:15-12:30 Relaxation	Target Areas: Relaxation and Self-Regulation Students learn skills to relax and self-regulate using breathing techniques, imagery, and yoga			
12:30-1:15 Academics and/or Language Programs	Target Areas: Cognitive Concepts; Comprehension; Reading; Writing; Math; Time; Science; and Language/Communication • Based on student needs and parent requests, students will work on skills at their developmental level that prepare them for success at school and build feelings of Competence and Confidence! Some examples include: • Journaling • Science Projects • Structured language programs target each child's communication needs			
1:15-2:00 Outdoor Games/ Sports/ Water Activities	Target Areas: Engagement; Intentionality; Shared Problem Solving; Using Ideas; Motor Planning and Sequencing; Coordination; Visual-spatial Capacities; Peer Interactions; Competence, Confidence, Control, and Communication; • Sports are introduced such as soccer, t-ball, basketball, hiking, running, archery, and fishing • Water Activities • Outdoor animal play/care			
2:00-2:30 Emotions/ Art/Music/ Creativity	Target Areas: Understanding Emotions; Expression of Ideas and Emotions through Art and Music; Creativity; and Confidence • Students are immersed in creative opportunities that allow them to explore their feelings and creative expression			
2:30-3:00 Snack, Self-Care, Leisure Activities	 Target Areas: Self-regulation; Independence; Daily Living Skills; Competence; Communication; Helping Others; Peer Interactions; Play Skills After a fun day at camp, students are supported to meet their own needs, including taking a break if needed, a snack, and bathroom Students have structured leisure time that allows them to spend their freetime engaged in meaningful activities that they can do alone at home (e.g., reading a book, table/card games, art, music, crafts, hobbies, caring with animals, etc.) Afternoon Jobs-Animal Care 			
3:00-3:30	Target Areas: Intentionality; Confidence; Communication; Self-awareness; Peer Awareness and Engagement; Recall; and Language Goals of the Week			

End-of-day Meeting and Pack-up

- Students gather for an end-of-day meeting to reflect on their day, identify highlights to share with their caregivers, write in their journals, and are introduced to what to expect the next day.
- Students are supported in packing up independently to go home.

Young Adult Program/Limitless

Both Staff and Students are called "Members" Some Members will Join Limitless's Adult Day Program for Activities and Community **Trips**

9-9:15 Arrival	Target Areas: Self-Regulation; Independence; Feelings of Competence and Confidence				
9:15-9:45 Morning Meeting	 Target Areas: Engagement; Intentionality; Confidence; Leadership; Communication; Self-awareness; Peer Awareness; Cognitive Concepts; Time; Current Events/Pop Culture; and Social/Language/Communication Goals of the Week Morning Meeting is a multisensory, intellectually stimulating morning gathering using members' interests to increase engagement. We use a "Sensory Day" experience tailored to the members' developmental level that associates a different visual, song, smell, taste, and texture for each day of the week. We do this in conjunction with the schedule of the day to help members connect the different days of the week with the sensory experience. Members are introduced to current events, pop culture, and stories, emphasizing comprehension and connections to their own interests and lives. These are the foundations for the social and language goals for the week. Members learn about themselves and their peers while being encouraged to be intentional, share their emotions and ideas with their peers, and appreciate the ideas and feelings of others. The group discusses the schedule for the day and related member responsibilities 				
9:45-10:05 Activities Tailored to Age and Develop- mental Capacities	"I'm in Charge" Games - Activities that build feelings of Control Regulation/ Music/Shared Timing - Music-based activities that foster rhythmic back-and-forth engagement and Communication "I'm in Charge" Games - Activities that build feelings of Control "I'm in Charge" Games - Activities that build feelings of Control "I'm in Charge" Games - Activities that build feelings of Control "I'm in Charge" Games - Activities that build feelings of Control "I'm in Charge" Music/Shared Timing - Music-based activities that foster rhythmic back-and-forth engagement and Communication "I'm in Charge" Games - Activities that build feelings of Control "I'm in Charge" Games - Activities that build feelings of Control "I'm in Charge" Games - Activities that build feelings of Control "I'm in Charge" Games - Activities that build feelings of Control				
10:05-10:20 Snack and Self-Care	Target Areas: Independence; Daily Living Skills; Competence; Confidence; Communication; Helping Others; Peer Interactions • Members are expected to be as independent as possible. • Sharing snacks (when appropriate) and helping their peers (e.g., passing out napkins, helping a friend open their lunchbox, etc.) build feelings of Competence and Confidence.				
10:20-11:00 Social-	Members engage in motivating activities while individual goals are intensively Friday Special Events Concerts				

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Emotional Develop- ment	targeted: Individual DIR and 5Cs Goals Social Skills Shared Problem-Solving Creative and Symbolic Play Expanding Ideas in Play Abstract Thinking and Reasoning Peer Interactions and Collaboration Flexibility, accepting, and building off of other's ideas Visual-spatial and Motor Development Communication	 Carnival/Petting Zoo Color Run Talent Show/Dance Party Wacky Water and Foam Pit Day Last Day Movie Day
11:00-11:45 Outdoor Activities	Target Areas: FUN; Motor Planning and Sports; Exploring Nature and New Experiences; Peer Interactions; Communication; Social Skills; and Creativity • Members enjoy outdoor activities while individual DIR and 5Cs goals are targeted • Activities include: • Water slides, wading pools, and sprinklers • Water art and bubble stations • Pod swings • Outdoor toys and games • Sports equipment • Archery and fishing • Outdoor animal play/care	
11:45-12:15 Lunch and ½ Day Members Pack Up	Target Areas: Independence; Daily Living St Communication; Helping Others; Peer Intera • Members are expected to be as independent • Sharing snacks (when appropriate) and help a friend open their lunchbox, etc.) build feelir • During lunch ½ day, members reflect on their caregivers, and are introduced to what to exp • ½ day members pack up independently to go	actions t as possible. ing their peers (e.g., passing out napkins, helping ngs of Competence and Confidence. r day, identify highlights to share with their pect the next day.
12:15-12:30 Relaxation	Target Areas: Relaxation and Self Regulatio Members learn skills to relax and self-regulate using yoga	
12:30-2:00 In-house Internships and Outdoor Games/ Sports/ Water Activities	In-house Internships Target Areas: Competence; Confidence; Control; Cognitive Concepts; Direction Following; Collaboration; Executive Functioning; Independence; Global Awareness Members work jobs in-house or in the community, focusing on meaningful entry-level job skills	Outdoor Games/ Sports/ Water Activities Target Areas: Engagement; Intentionality; Shared Problem Solving; Using Ideas; Motor Planning and Sequencing; Coordination; Visual-spatial Capacities; Peer Interactions; Competence, Confidence, Control, and Communication; Sports are introduced such as soccer, t-ball, basketball, hiking, running, archery, and fishing Water Activities Outdoor animal play/care
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Creativity	creative expression
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3:00-3:30 End-of-day Meeting and Pack-up	Target Areas: Intentionality; Confidence; Communication; Self-awareness; Peer Awareness and Engagement; Recall; and Language Goals of the Week • Members gather for an end-of-day meeting to reflect on their day and personal goals, identify highlights to share with their caregivers, write in their journals, and are introduced to what to expect the next day. • Members are expected to pack up independently to go home.

Tuition

Register from 1 to 7 Weeks!		Full Day	1:1 Aide	Half Day	1:1 Aide	After- care
		9:00-3:30		9:00-12:00 12:00-3:00 1:30-4:30 2:00-5:00		3:30-5:00
Week 1	July 1st - July 3rd	1,170	525	540	262.5	120
Week 2	July 8th - July 12th	1,950	875	900	437.5	200
Week 3	July 15th - July 19th	1,950	875	900	437.5	200
Week 4	July 22nd - July 26th	1,950	875	900	437.5	200
Week 5	July 29th - Aug 2nd	1,950	875	900	437.5	200
Week 6	Aug 5th - Aug 9th	1,950	875	900	437.5	200
Week 7	Aug 12th - Aug 16th	1,950	875	900	437.5	200

12:00-1:00 and 3:30 - 4:30 OT, PT, Speech, Tutoring, DIR-5C's Therapy, Parent Coaching \$75/Hour

Enrollment Information

Registration Deadline: May 30th

Late Registrations Accepted Pending Availability

• Refer another family and get a 15% discount!

• Districts: register 3 students, get the 4th tuition FREE!

Payment Options

- Private Pay is accepted by check, credit card, or Venmo
 - o Online Parent Registration
- School Districts may have funding to support your tuition
 - Districts prefer our significantly lower tuition rate than most private school ESYs and have been experienced with billing Limitless for 27 years!
 - We are happy to talk to districts and help you obtain funding for our summer program.
 - Online District Registration
 - Please also complete the <u>Online Parent Registration</u>
- PerformCare <u>PerformCare</u> may provide funding for 'Individual Support Services' or other services.
- Scholarships Limitless has some scholarship monies for families who need them - Scholarship Registration
- Free Sibling/Peer Registration

Limitless staff are here to answer any questions you may have. We look forward to providing your child or young adult with the most amazing summer program ever!!!

Limitless accepts donations for scholarships

Email <u>info@limitlessasd.com</u> or call 973-448-PLAY (7529) for more information

Gratefully,

Monica G. Osgood and the Limitless Staff







Believe I am Limitless...and I will Be!







Schedule

7 Weeks: 9:00 - 3:30. Aftercare: 3:30-5:00

July 1-August 16

Parsippany - 5 minutes from downtown Denville

What do you get with our program?

- Small intensive classroom environment
- Developmental, Individual Difference, Relationship-based (DIR®) and the 5C's® assessment and intervention
 - Focus on improving the areas of:
 - sensory integration
 - motor planning
 - relating, communicating, and emotional regulation
 - problem solving
 - abstract, critical, and logical thinking
 - Development of feelings of COMFORT, COMPETENCE, CONFIDENCE, CONTROL, and SELF ESTEEM
- Senior DIR® faculty and certified staff supervising all aspects of the program
- Individual developmental goals targeted daily
- Individualized daily and end-of-program reports including recommendations for further development
- All-day peer modeling/Facilitated play/Relationship development
- Outdoor water play
- Arts and crafts, music, and dancing
- Friday special events
- And all your basic summer program activities....

Enrollment Information

- Registration Deadline: May 30th
 - Late Registrations Accepted Pending Availability
- Email <u>info@limitlessasd.com</u> or call 973-448-PLAY (7529) for information about <u>payment plans and</u> <u>scholarships</u>
- Check with your school district to see if any funding is available for a summer program
- Refer another family and get a 15% discount!
- Districts: register 3 students, get the 4th tuition FREE!
- SIBLINGS COME FOR FREE See registration online

Register from 1 to 7 Weeks!		Full Day	1:1 Aide	Half Day	1:1 Aide	After- care
		9:00-3:30		9:00-12:00 12:00-3:00 1:30-4:30 2:00-5:00		3:30-5:00
Week 1	July 1st - July 3rd	1,170	525	540	262.5	120
Week 2	July 8th - July 12th	1,950	875	900	437.5	200
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Week 4	July 22nd - July 26th	1,950	875	900	437.5	200
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12:00-1:00 and 3:30 - 4:30 OT, PT, Speech, Tutoring, DIR-5C's Therapy, Parent Coaching \$75/Hour

2024 Special Needs Summer Camp

St. Christopher's Church
101 Littleton Road, Parsippany

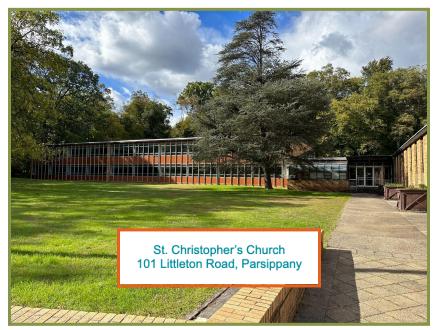


The tradition continues! At Limitless (the original Celebrate the Children®), we pride ourselves in being the **founding summer program** that eventually became the **Celebrate the Children®** School. **Limitless** is the most intensive and innovative summer program in NJ for amazing individuals with difficulties in relating and communicating (autism and other special needs). In fact, every year we have students attend from all over the world!

While this year, we will maintain the same special needs summer camp we have run for **27 years**, we are limiting enrollment to ensure the **quality**, **intensity**, **and integrity** of the program are maintained at the highest level possible. Your child's development, safety, and happiness are our top priorities!

We will hold **weekly online information sessions** to present an overview of the program and answer any questions you may have. You may find registration for information sessions and all summer program information for you and your school district online at www.limitlessASD.com.

Remember, when it comes to your child's summer and extended school year program (ESY), **you have a choice!** Summer should be an intensive intervention program, but **not just an extension of the school year.** Every child



deserves to have the most dynamic summer experience possible and that is what we have provided for decades!

Please reach out via email with any questions at info@limitlessasd.com.
We hope to see you at an

Sincerely, Monica G. Osgood, MA, Founder

information session!